

# TRIVIA NIGHT

Let's  
LIFT

THE  
LID on  
MENTAL  
ILLNESS



1 in 5 Australians suffer a  
mental illness every year.

*Open up the  
conversation and help  
break the stigma*

with Australian Rotary Health



Bega  
Rotary



[www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au)



Bega Rotary invites you to a night of fun and frivolity in support of  
**AUSTRALIAN ROTARY HEALTH HAT DAY**

Saturday 14th October @ 6.00pm for 6.30pm start.

Venue: Sapphire Coast Turf Club, Kalaru

Cost: \$15 per person

Bar available (NO BYO) | **BYO nibbles**

Come along on your own or organise a group - table of 10

100% of PROCEEDS will go to funding vital MENTAL HEALTH RESEARCH

Bookings/enquiries to Phil Elsey on 0448 499 450 or [phil.elsey@excellprint.com.au](mailto:phil.elsey@excellprint.com.au)

**PRIZES FOR  
BEST HAT**  
*(everyone must wear one)*

**AUCTION AT HALF  
TIME BREAK**

**LUCKY DOOR  
PRIZES & RAFFLES**

